

WHEN A CHILD REJECTS YOUR BELIEFS

Every teen and young adult goes through a season when they try to establish their own identity. Some may do this by distancing themselves from their parents' tastes and preferences. But what do you do when your son or daughter rejects your faith and embraces beliefs or behaviors that you know could be harmful?

Avoid Blaming Yourself

Rejection brings pain, especially when the son or daughter you've poured your life into walks away from everything you care about or transfers their loyalty. It is normal to second-guess yourself, wondering what you should have done differently. But even if you did everything perfectly, your child can choose to rebel. They may follow the pattern of Adam and Eve who, despite having the only perfect parent and living in paradise, still chose to sin.

"I reared children and brought them up," God says through the prophet Isaiah, "but they have rebelled against me" (Isaiah 1:2b).

Stay Engaged

You may be thinking "They don't listen to me. Everything I say seems to make matters worse. What's the point in trying?" But don't throw in the towel. As far as you are able, stay engaged in relationship. "[They] in fact still very badly want the loving input and engagement of their parents – more, in fact, than most parents ever realize," writes Christian Smith in his book *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults*. Smith demonstrates that parents have far more long-term influence than they realize – more than friends, youth pastors, professors or anyone else. He explains that:

"Just at the time when [they] most need engaged parents to help them work out a whole series of big questions about what they believe, think, value and feel...parents are withdrawing."

Stay engaged as much as possible by being available, writing brief cards, calling, sending text messages, etc. Use words that demonstrate humility and affirmation rather than hurt and

judgment. Listen without compromising your beliefs or affirming theirs. Your efforts may go unacknowledged for some time, but they still serve as deposits for the future by saying “I will always love you and be here when you are ready.”

Balance Grace and Truth

The greatest influence you can have on your son or daughter is to reflect both God’s grace and truth (John 1:14). It can be difficult modeling both - especially when dealing with prodigal children.

Following God’s model of patient love with His rebellious people, you can show love even when facing rejection. Ephesians 5:1-2 explains:

“Be imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.”

Pray daily that God will use this painful season for good in both your child’s life and your own. But showing grace does not mean subsidizing a child’s poor choices. Some parents continue to pay all of the child’s bills. Others go so far as to bail their kids out of trouble, letting them avoid the consequences of their sins. Sometimes parents must show tough love by allowing the natural fallout of wrong choices to take effect. Remember the biblical story of the prodigal son. It was not until the boy became hungry that he “came to his senses” and returned home to ask forgiveness. Seek God for wisdom in interfering with the events God may use to help your child come to his or her senses.

Parents of prodigal children may experience pain when they read: “Train a child in the way he should go, and when he is old he will not turn away from it.” But Proverbs 22:6 is not a promise. It summarizes a general pattern. Besides, your child’s story is not over. You have made an impression and laid a foundation. Your child’s story is not finished yet. Stay engaged by balancing grace and truth while anticipating a new chapter in your wayward child’s life.

GOING FURTHER: RESOURCES

When They Turn Away: Drawing Your Adult Child Back to Christ, by Rob Rienow

Provides much needed encouragement and practical advice to parents dealing with the grief and challenge of an older “prodigal” child.

Prodigals & Those Who Love Them: Words of Encouragement of Those Who Wait, by Ruth Bell Graham | A collection of readings one woman turned to for comfort when her children wandered from God. It offers comfort and encouragement through Scripture, poems, hymns, prayers, and more.

Prayers for Prodigals: 90 Days of Prayer for Your Child, by James Banks

Offers encouragement for parents to “come boldly before the throne of grace” and intercede daily for their children through a series of inspirational prayers.

GOING FURTHER: BLUE RIDGE BIBLE CHURCH SUPPORT

Life Groups: BRBC offers a variety of Life Groups to help foster connection and support, for all adults during all seasons of life. Check out the current Life Groups to find one that fits your schedule at brbible.org/lifegroups.

Finding Support: We can recommend a brother or sister at BRBC willing to mentor you in this season. Reach out to us at lifepoint@brbible.org.

Professional Counseling: We maintain a referral list of Christian counselors, therapists, and psychologists in the Northern Virginia area. Since we live in a broken world, the problems we encounter can be very complex and difficult to navigate. We know that God's Word is powerful, His Spirit is inside of us, and that He uses his Church in many ways. Yet He also provides us with other sources of help that can partner with churches seeking to come alongside people in times of spiritual, physical, mental & emotional need. Contact us if you would like assistance finding someone who might be of help to you: lifepoint@brbible.org.