

# LET NOT YOUR HEART BE TROUBLED...

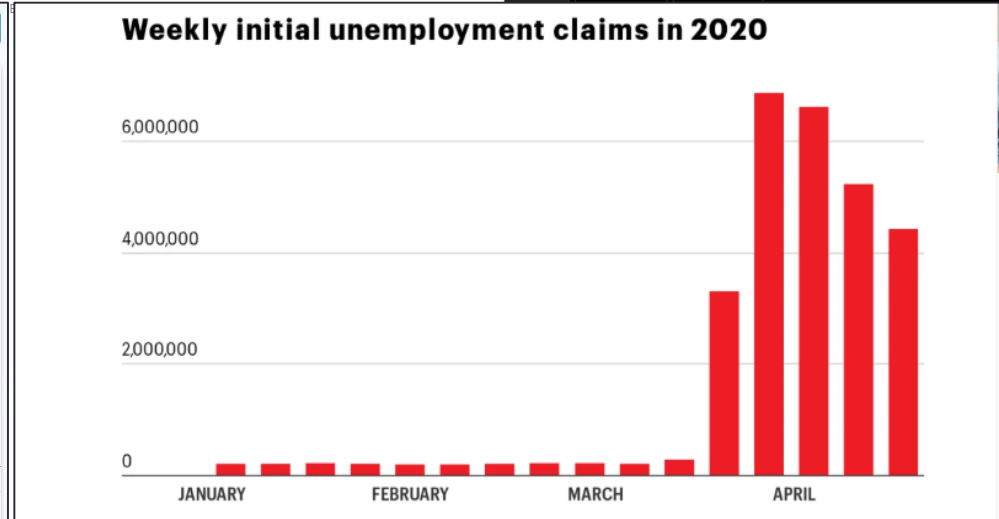
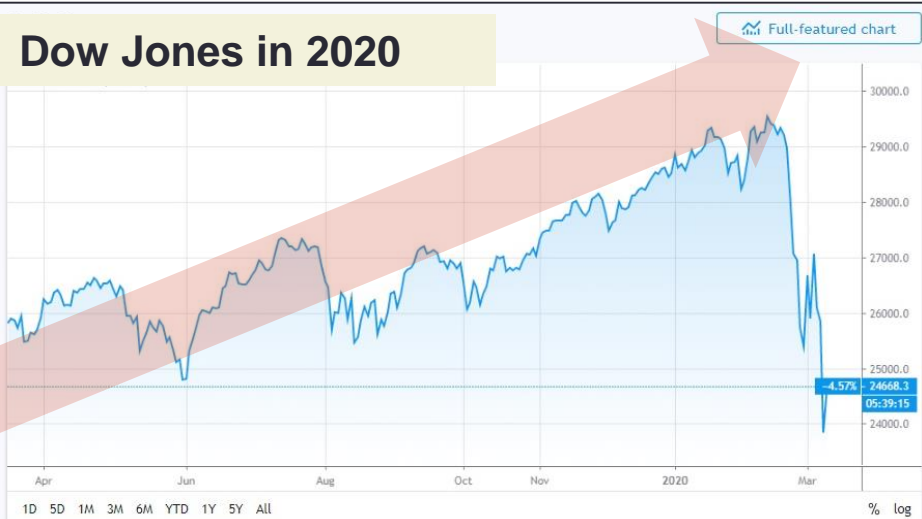
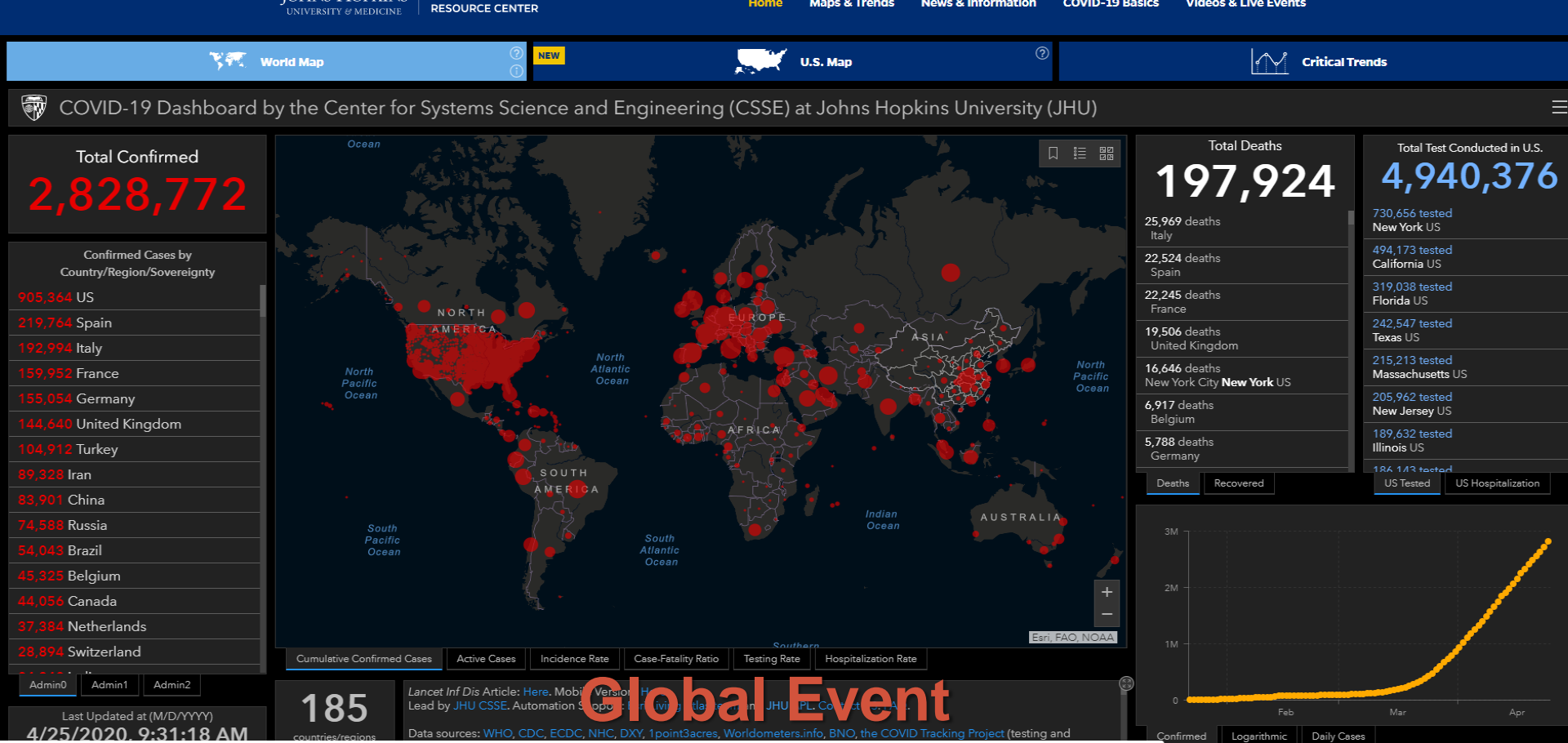
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In Times Like These

Blue Ridge Bible Church  
**Zoom** Adult Sunday School  
4 Weeks; Spring 2020



#Quarantinewell





# Study Overview

- Interactive
  - Get your Bible
  - Please participate
  - We'll figure this out!
- Focused on John 14-17
  - Jesus' teaching on Thursday night
- The Upper Room Discourse... applied to times like these
  1. John 13:21-14:1. When your world radically changes... Let not your heart be troubled.
  2. John 14:1-15. Real, active faith, not anxiety in times like these.
  3. John 14:16-16:23. A Helper and a Body for times like these.
  4. John 16:23-17:26. Praying in faith and power in times like these.



# What an Amazing Week!

Sunday	Monday	Tuesday	Thursday	Friday	Saturday	Sunday
<p>Jesus' Triumphant Entry into Jerusalem</p> <p>Jesus Royally Welcomed</p>	<p>With Authority, Jesus Cleanses the Temple</p>	<p>Jesus Teaches God's Word to Crowds</p> <p>Olivet Discourse Prophecy</p>	<p>The Lord's Supper</p> <p>Upper Room Discourse</p> <p><b>Pivotal Teaching in Preparation for Major Changes</b></p>	<p>Arrest</p> <p>3 Trials</p> <p>Scourging</p> <p>Crucifixion</p> <p>Execution</p> <p>Burial</p>	<p>Pilate Sends Security to the Tomb</p>	<p>Resurrection</p>
<p>Mt.21:1-11, 14-17</p> <p>Mk.11:1-11</p> <p>Lk.19:20-44</p> <p><b>Jn.12:12-19</b></p>	<p>Mt.21:12-13</p> <p>Mk.11:15-18</p> <p>Lk.19:45-48</p>	<p>Mt.24:1-25:46</p> <p>Mk.13:1-37</p> <p>Lk.21:5-36</p>	<p>Mt.26:17-29</p> <p>Mk.14:12-25</p> <p><b>Lk.22:7-38</b></p> <p><b>Jn.13:1-38</b></p> <p><u><b>John 14-17</b></u></p>	<p>Mt.26:47-27:60</p> <p>Mk.14:43-15:46</p> <p>Lk.22:47-23:54</p> <p>Jn.18:2-19:42</p>	<p>Mt.27:61-66</p> <p>Mk.15:47</p> <p>Lk.23:55-56</p>	<p>Mt.28:1-15</p> <p>Mk.16:1-14</p> <p>Lk.24:1-43</p> <p>Jn.20:1-31</p>

# What an Amazing Week!

## Global Event

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# What an Amazing Trajectory!



- Let's read John 12:12-16
  - What do you think it might **have** felt like to be one of His disciples during this event?
- Let's read Luke 22:24-30
  - How does **this** reveal the expectations of His disciples?
  - How **might** Jesus' promises to His disciples effect their emotions?



# Pivoting to Sobering News

- Jesus washing the disciples' feet in John 13:1-20
  - Demonstration of practical servitude, humility and love
  - Contrasts with disciples' interests in greatness
- Let's read John 13:21-30 (Betrayal Announced)
  - What might the cluelessness of the disciples regarding the betrayal reveal about their state of mind on Thursday night?
  - Causes them to question each other and even themselves
    - Being deeply grieved, they each one began to say to Him, "Surely not I, Lord?" (Mt.26:22)
    - Experienced a lot together
    - This had to be very unsettling
    - Very tight knit community
    - Very clear indication to them that their world was about to be very terribly upset

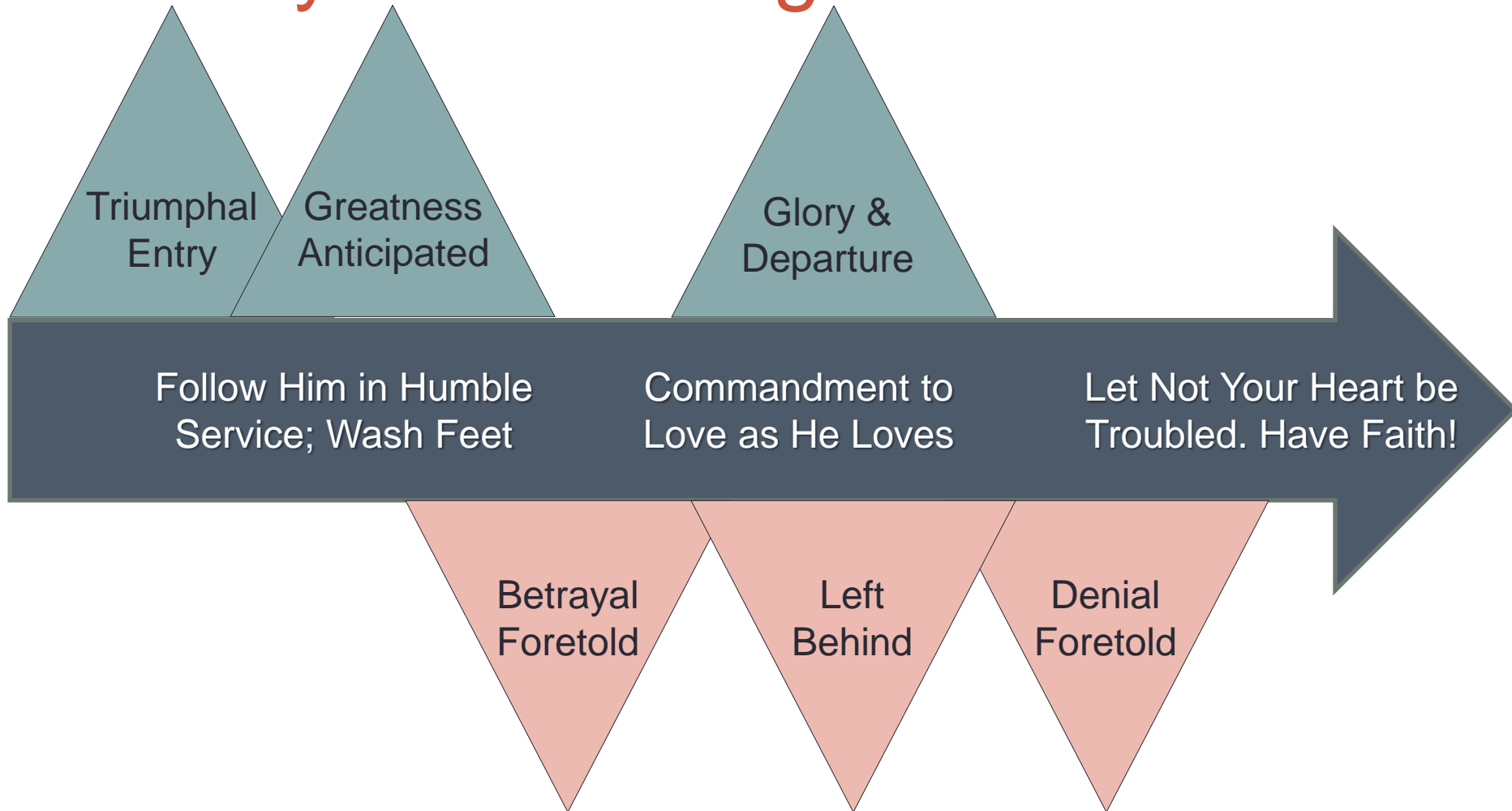
# Beginning of Table Talk with Disciples

Judas had left and it was just His loyal disciples... their last real talk

- Let's read John 13:31-33 (Jesus Tells of His Glory and His Departure)
  - How might Jesus' words here be personally upsetting for the disciples?
- Let's read John 13:34-35 (Commandment to Love One Another)
  - What's the significance of this interlude in the middle of communicating vital information regarding prophecy and practical issues immediately before them?
  - How do Jesus' words here inform our hearts when things are getting crazy and our life stops making sense?
- Let's read John 13:36-38 (Peter's Denial Foretold)
  - Lk.22:31-34 "...Satan has demanded permission to sift you like wheat, but I have prayed for you, that your faith may not fail; and you, when once you have turned again, strengthen your brothers."
  - Peter's like, "Let's keep talking about glorious events and going places! I'm IN!"
  - Jesus must bring him to earth regarding his frailties, his priorities, and his role
  - Later, in Gethsemane, Jesus says, "The heart is willing but the flesh is weak."

How do you apply Jesus' teaching here to your last 2 months?

# Steady in Life Swings



**Disciples Headed for a Different Life and So Are We**

**“Do Not Let Your Heart Be Troubled...  
...Believe in God; Believe Also in Me.”**

- **Jesus’ words in John 14:1**
  - Imperative
  - Exhortation
  - Command

# “Do Not Let Your Heart Be Troubled... ...Believe in God; Believe Also in Me.”

- In times like these... Get a sense for your heart
  - Know what you're thinking and feeling
  - Recognize your thoughts and emotions
- As your thoughts and emotions register “trouble”
  - **Anxiety**
  - **Worry**
  - **Stress**
  - **Uneasiness**
  - **Fear**
  - **Fretfulness**



Apply Faith in God and the Work of Jesus

**“Do Not Let Your Heart Be Troubled...  
...Believe in God; Believe Also in Me.”**

- **Anxiety**
- **Worry**
- **Stress**
- **Uneasiness**
- **Fear**
- **Fretfulness**



- In times like these there's plenty that can trouble our hearts
- What are some specifics that trouble your heart today?

**Apply Faith in God and the Work of Jesus**



# “Do Not Let Your Heart Be Troubled... ...Believe in God; Believe Also in Me.”

- Anxiety
- Worry
- Stress
- Uneasiness
- Fear
- Fretfulness



- Jesus knew the disciples' hearts and He knows your heart
- **He calls us to exercise faith**
  - God's power to resurrect
  - God's work through Christ to redeem us and make us holy
  - God's infinite, eternal, sacrificial love, **totally proven through Christ...** focused on you
  - His eternal plan for you

Apply Faith in God and the Work of Jesus

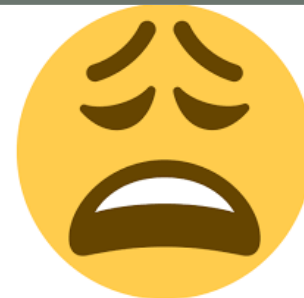
“Do Not Let Your Heart Be Troubled...  
...Believe in God; Believe Also in Me.”



Follow Him in Humble  
Service; Wash Feet

Commandment to  
Love as He Loves

**Have Faith!**



Apply Faith in God and the Work of Jesus

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...Believe in God; Believe Also in Me.”

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Apply Faith in God and the Work of Jesus

# “Do Not Let Your Heart Be Troubled...

Next week, we will focus on John 14:1-15 and encourage each other to obey Jesus as we exercise specific and practical faith that overcomes anxiety, fear, worry and stress... in times like these!

...Believe in God; Believe Also in Me.”

Follow Him in Humble  
Service; Wash Feet

Commandment to  
Love as He Loves

**Have Faith!**

Apply Faith in God and the Work of Jesus