

LET NOT YOUR HEART BE TROUBLED...

In Times Like These

Lesson 2: Real, Active Faith Rather Than Anxiety

Blue Ridge Bible Church

Zoom Adult Sunday School

4 Weeks; Spring 2020

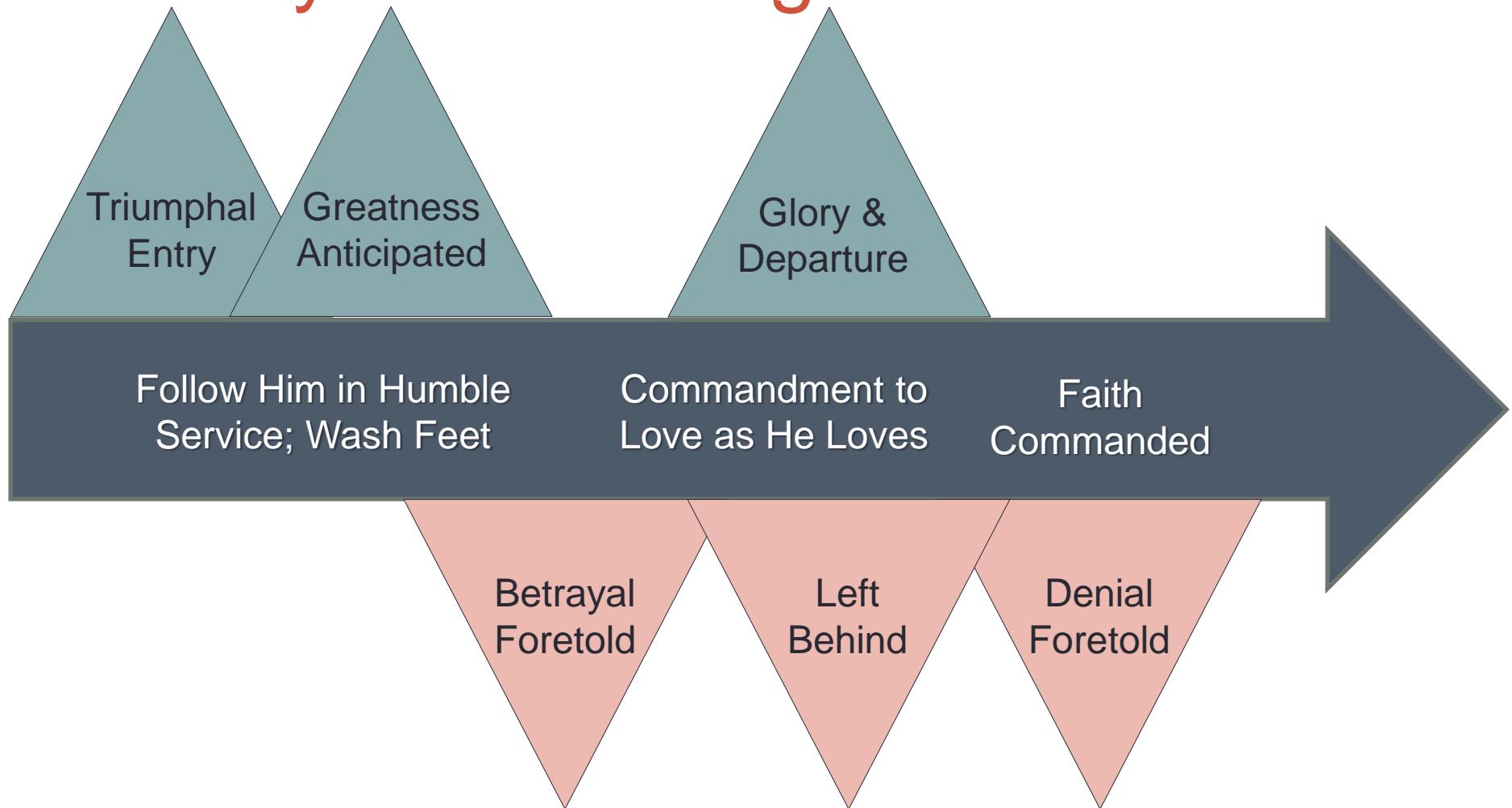
Study Overview

- Interactive
 - Get your Bible
 - Please participate
 - We'll figure this out!
- Focused on John 14-17
 - Jesus' teaching on Thursday night
- The Upper Room Discourse... applied to times like these
 1. John 13:21-14:1. When your world radically changes... Let not your heart be troubled.
 2. **John 14:1-15. Real, active faith, not anxiety in times like these.**
 3. John 14:16-16:23. A Helper and a Body for times like these.
 4. John 16:23-17:26. Praying in faith and power in times like these.

What an Amazing Week!

Sunday	Monday	Tuesday	Thursday	Friday	Saturday	Sunday
Jesus' Triumphal Entry into Jerusalem Jesus Royally Welcomed	With Authority, Jesus Cleanses the Temple	Jesus Teaches God's Word to Crowds Olivet Discourse Prophecy	The Lord's Supper Upper Room Discourse Pivotal Teaching in Preparation for Major Changes	Arrest 3 Trials Scourging Crucifixion Execution Burial	Pilate Sends Security to the Tomb	Resurrection
Mt.21:1-11, 14-17 Mk.11:1-11 Lk.19:20-44 Jn.12:12-19	Mt.21:12-13 Mk.11:15-18 Lk.19:45-48	Mt.24:1-25:46 Mk.13:1-37 Lk.21:5-36	Mt.26:17-29 Mk.14:12-25 Lk.22:7-38 Jn.13:1-38 John 14-17	Mt.26:47-27:60 Mk.14:43-15:46 Lk.22:47-23:54 Jn.18:2-19:42	Mt.27:61-66 Mk.15:47 Lk.23:55-56	Mt.28:1-15 Mk.16:1-14 Lk.24:1-43 Jn.20:1-31

Steady in Life Swings



Disciples Headed for a Different Life and So Are We

“Do Not Let Your Heart Be Troubled.... ...Believe in God; Believe Also in Me.”

- In times like these... Get a sense for your heart
 - Know what you’re thinking and feeling
 - Recognize your thoughts and emotions
- As your thoughts and emotions register “**trouble**”

- **Anxiety**
- **Worry**
- **Stress**
- **Uneasiness**
- **Fear**
- **Fretfulness**



- Disciples’ anxiety was totally understandable
 - So is ours!
- Jesus understood their anxiety
 - He understands ours!
- He spoke to their need
 - He speaks to ours!

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled.... ...Believe in God; Believe Also in Me.”



Follow Him in Humble Service; Wash Feet

Commandment to Love as He Loves

Faith Commanded



Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled...

...Believe in God; Believe Also in Me.”

Follow Him in Humble
Service; Wash Feet

Commandment to
Love as He Loves

Faith
Commanded

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled...

...Believe in God; Believe Also in Me.”

"In My Father's house are many dwelling places; if it were not so, I would have told you; for I go to prepare a place for you. "If I go and prepare a place for you, I will come again and receive you to Myself, that where I am, *there you may be also.* (Jn.14:2-3)

Apply Faith in God and the Work of Jesus

- How might this have given powerful perspective for the disciples' troubled hearts?
 - ...And ours?
- He made the universe and everything we see in 6 days
- He's been preparing a place in heaven for you for over 2000 years!

“Do Not Let Your Heart Be Troubled.... ...Believe in God; Believe Also in Me.”

"And you know the way where I am going." Thomas said to Him,
"Lord, we do not know where You are going, how do we know the
way?" Jesus said to him, "I am the way, and the truth, and the life; no
one comes to the Father but through Me. (Jn.14:4-6)

- Their hearts were still troubled and Thomas speaks up
 - What kind of “way” do you think Thomas was seeking?
- What does our anxiety reveal about the kind of “way” that we’re really seeking?
- “I am the way, the truth, and the life; no one comes to the Father but through Me.”
 - We all come to the Father through Him... NOW!
 - Redemption, unconditional love, complete reconciliation, and holiness
 - Through Him to God’s presence, newness of life, and eternal bliss

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled.... ...Believe in God; Believe Also in Me.”

"If you had known Me, you would have known My Father also; from now on you know Him, and have **seen** Him." Philip said to Him, "Lord, **show** us the Father, and it is enough for us." Jesus said to him "...He who has **seen** Me has **seen** the Father; how can you say, '**Show** us the Father'? (Jn.14:7-9)

- Philip picks up the inquiry in verses 7-9 (let's read this)
- How do you think Jesus was trying to help the disciples (and us) in this interchange with Philip?

Then He said to Thomas, "Reach here with your finger, and see My hands; and reach here your hand and put it into My side; and do not be unbelieving, but believing." Thomas answered and said to Him, "My Lord and my God!" Jesus said to him, "Because you have seen Me, have you believed? Blessed are they who did not see, and yet believed." (Jn.20:27-29)

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled.... ...Believe in God; Believe Also in Me.”

Therefore, being always of good courage, and knowing that while we are at home in the body we are absent from the Lord— for we walk by faith, not by sight— we are of good courage, I say, and prefer rather to be absent from the body and to be at home with the Lord.

(2Cor.5:6-8)

- Let's read 2 Cor. 5:6-8
 - This passage really helps us get perspective on Jesus' teaching in John 14
- How does the Spirit use this passage to help you understand Jesus' dealing with Philip's desire to “see” and be “shown?”
- Walking... Where do you walk in these days of quarantine?
- What is it like to say that we have faith but not “walk” by faith?
- What are the benefits and blessings of a “walk” by faith?

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled.... ...Believe in God; Believe Also in Me.”

"If you had known Me, you would have known My Father also; from now on you know Him, and have **seen** Him." Philip said to Him, "Lord, **show** us the Father, and it is enough for us." Jesus said to him "...He who has **seen** Me has **seen** the Father; how *can* you say, '**Show** us the Father'? (Jn.14:7-9)

For we walk by faith, not by sight. (2Cor.5:7)

- Thomas, Philip and the disciples liked seeing; so do we
- Jesus leads the disciples (and us) to make faith our sight
- He urges us to shed fleshly expectations and see so clearly that it changes the way we feel!
- Let's make this very practical...

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled.... ...Believe in God; Believe Also in Me.”

For we walk by faith, not by sight. (2Cor.5:7)

Now faith is the assurance of things hoped for, the conviction of things not seen. (Heb.11:1)

- Assurance of things hoped for...
 - Certainty in your mind of all Christ's work and character
 - Convinced at the beginning of thinking so strongly that it changes the way you think and the way you feel
- Conviction of things not seen...
 - Makes things unseen as real to your mind as things seen
 - Motivates you to emotions and actions that are consistent with faith

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled.... ...Believe in God; Believe Also in Me.”

Let's read John 14:10-12

"Do you not **believe** that I am in the Father, and the Father is in Me?..."
"Truly, truly I say to you, he who **believes** in Me, the works that I do, he will do also; and greater *works* than these he will do; because I go to the Father.

- How does Christ's engagement on your behalf with the Father right now, consistent with His proven love, ease your anxieties?
- How does real faith that you have been crucified with Christ change the way you “walk?”

Or do you not know that all of us who have been baptized into Christ Jesus have been baptized into His death? Therefore we have been buried with Him through baptism into death, so that as Christ was raised from the dead through the glory of the Father, so we too might walk in newness of life. (Rom.6:3-4)

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled... ...Believe in God; Believe Also in Me.”

“If you love Me, you will keep My commandments.” (Jn.14:15)

- Anxiety
- Worry
- Stress
- Uneasiness
- Fear
- Fretfulness



- “Behold, as for the proud one, his soul is not right within him; but the righteous will live by his faith.” (Hab.2:4)
 - How does this verse amplify Jesus’ teaching to you?
 - Living by your faith vs living proud
 - Living by your faith makes your soul right within you
- *“But My righteous ones will live by faith; and if he shrinks back, My soul will have no pleasure in him.”* (Heb.10:38)

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled...”

Next Week: Reinforcements

The Helper!

...Believe in God; Believe Also in Me.”

Follow Him in Humble
Service; Wash Feet

Commandment to
Love as He Loves

Faith
Commanded

Love Me?
Obey

Apply Faith in God and the Work of Jesus

The Body!

To Steady Your Life
In Times Like These