LET NOT YOUR HEART BE TROUBLED…

In Times Like These
Lesson 3: Reinforcements

Blue Ridge Bible Church
Zoom Adult Sunday School
4 Weeks; Spring 2020
Study Overview

• Interactive
  • Get your Bible
  • Please participate
  • We’ll figure this out!

• Focused on John 14-17
  • Jesus’ teaching on Thursday night

• The Upper Room Discourse… applied to times like these
  2. John 14:1-15. Real, active faith, not anxiety in times like these.
## What an Amazing Week!

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Pivotal Teaching in Preparation for Major Changes
“Do Not Let Your Heart Be Troubled…

“In My Father's house are many dwelling places; if it were not so, I would have told you; for I go to prepare a place for you. "If I go and prepare a place for you, I will come again and receive you to Myself, that where I am, there you may be also. (Jn.14:2-3)

…Believe in God; Believe Also in Me.”

Apply Faith in God and the Work of Jesus

• “I am the way, the truth, and the life; no one comes to the Father but through Me.” (Jn.14:6)
• We all come to the Father through Him… NOW!
• Redemption, unconditional love, complete reconciliation, and holiness
• Through Him to God’s presence, newness of life, and eternal bliss
“Do Not Let Your Heart Be Troubled…

…Believe in God; Believe Also in Me.”

In John 14:5-14 Thomas and Philip speak up for the disciples, and us, as they seek to physically see rather than to apply faith as good as sight.

For we walk by faith, not by sight. (2Cor.5:7)

- Anxiety
- Worry
- Stress
- Uneasiness
- Fear
- Fretfulness

- The disciples liked seeing; so do we
  - Jesus leads the disciples (and us) to make faith our sight
  - He urges them (and us) to shed fleshly expectations
  - See His completed work so clearly that it changes the way we feel!
  
  “Behold as for the proud one, his soul is not right within him; but the righteous will live by his faith.” (Hab.2:4)
  
  “But My righteous ones will live by faith; and if he shrinks back, My soul will have no pleasure in him.” (Heb.10:38)

Apply Faith in God and the Work of Jesus
"Do Not Let Your Heart Be Troubled... Believe in God; Believe Also in Me."

Reinforcements

The Helper!

Follow Him in Humble Service; Wash Feet
Commandment to Love as He Loves
Faith Commanded
Love Me? Obey

Apply Faith in God and the Work of Jesus

The Body!

To Steady Your Life In Times Like These
**Do Not Let Your Heart Be Troubled...**

**...Believe in God; Believe Also in Me.**

*Helper For Times Like These*

**Apply Faith in God and the Work of Jesus**
Spirit With You Every Moment… Now

John 14:16-17
16"I will ask the Father, and He will give you another Helper, that He may be with you forever; 17that is the Spirit of truth, whom the world cannot receive, because it does not see Him or know Him, but you know Him because He abides with you and will be in you.

John 15:26-27
26"When the Helper comes, whom I will send to you from the Father, that is the Spirit of truth who proceeds from the Father, He will testify about Me, 27and you will testify also, because you have been with Me from the beginning.

• Amazing, effectual, answered prayer of Christ to God
  • Gift of the Spirit was paid for and prayed for by Jesus
• How does the fact that Christ prayed that the Father give you the Spirit effect your heart in these times?
• Helper with you now and forever… always with you
  • Working inwardly and invisibly in your heart and soul right now
  • Always with you for comfort, help and guidance
  • In the big things and in the details
  • Illuminating the Word, the work of Christ, and active to build your faith
  • Comforting and sustaining your soul in uncertain and fearful times
• Not in the world, but definitely in you
• Brings us back to faith: How might tomorrow be different if we really believe the Spirit of God is with us each moment?
  • Or will we live unaware of His presence because He can’t be seen
  • We leave the Spirit’s riches of comfort, insight, and power behind and plow through our day in the flesh… with anxiety, fear and stress
Enjoy His Spirit and His Peace

John 14:25-28

25"These things I have spoken to you while abiding with you. 26"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all that I said to you. 27"Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful. 28"You heard that I said to you, 'I go away, and I will come to you.' If you loved Me, you would have rejoiced because I go to the Father, for the Father is greater than I.

- **His Spirit brings faith in all His truth to your mind and emotions**
- This brings peace that is grounded in certainty that’s as good as sight
- He literally gives us peace
  - This is a real blessing… not a religious statement
  - This is a transaction… a gift
- **Peace with God**
  - Tranquility in our souls because our pardon is sure
  - Pardon’s fruit is Peace
  - Pardon and no Peace makes no sense
- “Not as the world gives…” How does the world tell us to seek peace and comfort?
- Release your heart to the Spirit and fullness of faith-like-sight… with peace (Bob C.: “Not seeing is believing but believing is seeing!”)

... and again, “Do Not Let Your Heart be Troubled”
It’s Better to Have the Spirit in Quarantine

John 16:5-11

5"But now I am going to Him who sent Me; and none of you asks Me, 'Where are You going?' 6"But because I have said these things to you, sorrow has filled your heart. 7"But I tell you the truth, it is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I go, I will send Him to you. 8"And He, when He comes, will convict the world concerning sin and righteousness and judgment; 9 concerning sin, because they do not believe in Me; 10 and concerning righteousness, because I go to the Father and you no longer see Me; 11 and concerning judgment, because the ruler of this world has been judged.

- Jesus recognizes their sorrow again… He knows how we feel
  - They were big with hopes of temporal kingdom and looking for joy there
  - Disappointment leads to sorrow… leads to a troubled heart
- Spirit convictsthe world of the sin of unbelief in Jesus and His completed work
  - Convicts and Comforts
- Jesus said it was to their advantage that He go away so the Helper would come
  - It didn’t look like it was better to the disciples
  - It was actually to their advantage
    - And they were physically with Him
    - How much more is it to our advantage!
- He did go away and the Helper did come
- How is it better to have the Spirit of Christ in Quarantine than having Jesus in the flesh?
The Spirit Ministers Where You Are

John 16:12-15

12"I have many more things to say to you, but you cannot bear them now. 13"But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come. 14"He will glorify Me, for He will take of Mine and will disclose it to you. 15"All things that the Father has are Mine; therefore I said that He takes of Mine and will disclose it to you.

- “I have many more things to say to you, but you cannot bear them now.”
  - In the flesh, Jesus can only speak to so many people and for only so long
- Aware of their limitations, the disciples may feel anxious in uncertain times… **Us too!**
  - Relax, believe that the Spirit will give you what you need
  - Within your bandwidth and giftings
  - Within your ability to grasp and act on
  - **How does the fact that the Spirit’s engagement is “customized” for you encourage you for the uncertainties ahead?**
- You know enough now to walk in the Spirit and when the time is right He will help you know more fully
  - You won’t miss your way because He will guide you
  - He will effectively lead you to truth
  - **How does the Spirit’s work today in every Christian’s heart to glorify Christ give you a different perspective on the pandemic?**
John 13:5-17
Washing the disciples’ feet

John 13:34-35
34 “A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another. 35 By this all men will know that you are My disciples, if you have love for one another.”

Body For Times Like These

John 15:12-17
12 “This is My commandment, that you love one another, just as I have loved you. 13 Greater love has no one than this, that one lay down his life for his friends. 14 You are My friends if you do what I command you. 15 No longer do I call you slaves, for the slave does not know what his master is doing; but I have called you friends, for all things that I have heard from My Father I have made known to you. 16 You did not choose Me but I chose you, and appointed you that you would go and bear fruit, and that your fruit would remain, so that whatever you ask of the Father in My name He may give to you. 17 This I command you, that you love one another.

Jesus also prays for the Body in John 17 and we’ll cover that next week as we discuss His encouragement to pray and the encouragement of His prayers.

Apply Faith in God and the Work of Jesus

“Do Not Let Your Heart Be Troubled…

…Believe in God; Believe Also in Me.”
12"This is My commandment, that you love one another, just as I have loved you. 13"Greater love has no one than this, that one lay down his life for his friends. 14"You are My friends if you do what I command you. 15"No longer do I call you slaves, for the slave does not know what his master is doing; but I have called you friends, for all things that I have heard from My Father I have made known to you. 16"You did not choose Me but I chose you, and appointed you that you would go and bear fruit, and that your fruit would remain, so that whatever you ask of the Father in My name He may give to you. 17"This I command you, that you love one another.
Love One Another. Love One Another. Love One Another!

John 15:12-17

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- Repeats Jn.13:34 twice! 3 times in one dinner!
- Why would Christ emphasize this so much at this critical time for the disciples and for the world?
- Loving one another has amazing, supernatural impact
  - “One another” is not one way… 2-way… Multiple-way
  - Loving one another will settle your heart
  - Loving one another will settle others’ hearts
  - Extremely powerful mark of a Christian fellowship
- You are friends with Christ!
  - What grace!!! What love!!!
  - Exactly, what is bothering you?!!
Love One Another. Love One Another. Love One Another! “Just As I Have Loved You”

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<th>Our Love</th>
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<td><strong>Infinitely</strong></td>
<td>Abundantly</td>
<td>Not in the measure you’re loved by others, but the measure you’re loved by God.</td>
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<tr>
<td><strong>Sacrificially</strong></td>
<td>Sacrifically</td>
<td>Not practically or prudently. Not selfishly or to the point of reciprocity. Without manipulation.</td>
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<tr>
<td><strong>Eternally</strong></td>
<td>Permanently</td>
<td>No thought of stopping loving. Fully committed to other’s best for the future.</td>
</tr>
<tr>
<td><strong>Unconditionally</strong></td>
<td>Unconditionally</td>
<td>Not effected by their sin, performance, pleasantness or responsiveness.</td>
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It starts at home, in Quarantine!

Make this a Quarantine of Christ’s Love!
Reinforcements for Times Like These

Spirit is Not Quarantined!
He’s with you every moment, giving you just what you need for this time
Believe it! Enjoy Him!

Transformative Power in Sharing Jesus’ Love
It starts at home, in Quarantine!
Make this a Quarantine of Christ’s Love!

Next Week:
Praying in faith and power in times like these.
John 16:23-17:26